



Parent/Carers Workshops For Support During Lockdown

**Tuesday 2nd February 1.30-2.30pm
Learning in Lockdown**

**Thursday 11th February 1.30-2.30pm
Messy and Sensory Play**

**Tuesday 23rd February 1.30-2.30pm
Routines & Coping with Change**

**Thursday 11th March 1.30-2.30pm
Mood Movers for you and your child**

**Tuesday 16th March 1.30-2.30pm
Topic to be confirmed**

The workshops will take place on Microsoft Teams

Please contact: socialcom@sefton.gov.uk

With your preferred Email address.

A Teams Invite will then be sent to you the day before your workshop date